



COMPLETE COURSE GUIDE

FOREST SCHOOL ACTIVITIES ONLINE TRAINING

Practical skills and ideas you can use straight away

The ideal starting point if you're new to Forest School or outdoor learning. **87 step-by-step video lessons** of tried-and-tested activities and games — fire, cooking, tools, ropes, shelters, crafts, foraging and nature awareness — with a **risk-benefit assessment for every module** and ready-to-use guides, so you can lead safe, engaging sessions with confidence.

87

ACTIVITY
VIDEOS

8

PRACTICAL
MODULES

15

DOWNLOADABLE
RESOURCES

8 hrs

OF VIDEO
CONTENT

∞

LIFETIME
ACCESS

WHAT'S INSIDE — 8 MODULES

MODULE 1

Fire & Pedagogy

10 videos · 45 min

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MODULE 2

Ropes & Knots

7 videos · 48 min

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MODULE 3

Cooking on a Fire

9 videos · 45 min

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MODULE 4

Shelters & Play

4 videos · 54 min

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MODULE 5

Natural Crafts

17 videos · 41 min

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MODULE 6

Using Tools

11 videos · 93 min

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MODULE 7

Wild Food & Foraging

12 videos · 81 min

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MODULE 8

Nature Awareness Games

17 videos · 71 min

Page 3

For every age

Activities and games for Early Years, primary and secondary.

For any setting

From urban playgrounds and school fields to woodland.

Ready to use

Risk-benefit assessments, recipes, safety guides and a certificate for each module.

Module 1 FIRE & PEDAGOGY

10 videos · 45 min

Set up a safe fire circle and light fires with every age — including nursery children.

VIDEOS

- Welcome to the Fire module
- Get prepared — what do you need?
- How to forage firewood
- The fire circle routine: setting up the space
- Key safety considerations
- Making a spark — how to use a fire steel
- Making a fire with a nest of cleavers
- Making a fire with cotton wool, a fire steel and a shell
- Making fire with nursery children
- Look after your space and leave no trace

DOWNLOADS

- Welcome to the Fire module
- Fire — key considerations
- Fire module risk-benefit assessment

Module 3 COOKING ON A FIRE

9 videos · 45 min

Simple, crowd-pleasing fire recipes, from bread on a stick to toffee apples.

VIDEOS

- Welcome to the Cooking on a Fire module
- Cooking bread on a stick
- Making popcorn using a sieve
- Cooking pizza in a pan
- Toffee apples
- Chocolate bananas
- Flapjacks cooked in leaves
- Cooking kebabs over a fire
- Cooking chestnuts on a fire

DOWNLOADS

- Welcome to the Cooking with Fire module
- Cooking with Fire risk-benefit assessment
- Outdoor cooking recipes
- Food safety in the outdoors

Module 2 ROPES & KNOTS

7 videos · 48 min

Rope bridges, hammocks, swings and ladders — with maintenance and safety for all ages.

VIDEOS

- Welcome to the Ropes & Knots module
- Using ropes with all ages — maintenance & safety
- Making a rope bridge
- How to put up a hammock
- Prepping for a swing
- Putting up a swing
- Making a rope ladder

DOWNLOADS

- Welcome to the Ropes & Knots module
- Ropes & Knots risk-benefit assessment
- Children's tree swings — a guide to good practice

Module 4 SHELTERS & PLAY

4 videos · 54 min

Tarps high and low, and debris shelters, for play, learning and weather-proof sessions.

VIDEOS

- Welcome to the Shelters & Play module
- Small tarps for shelters and play
- Working with high tarps
- Building debris shelters

DOWNLOADS

- Welcome to the Shelters & Play module
- Shelters risk-benefit assessment



Module 5 NATURAL CRAFTS

17 videos · 41 min

Low-cost crafts using willow, leaves, clay and cones — ideal for mixed ages.

VIDEOS

- Welcome to the Natural Crafts module
- Foraging willow for crafts
- Leaf crowns
- Dream catchers
- Leaves on a stick
- Bark rubbings
- Leaf bashing and natural paints
- Painting with leaves
- Clay people
- Clay fairies or gnomes
- Larch cone & teasel hedgehogs
- Tree faces
- Clay candles
- Square lashings
- Making things with square lashings
- Making bird feeders
- Cleaver nests

DOWNLOADS

- Welcome to the Natural Crafts module
- Natural Crafts risk-benefit assessment

Module 7 WILD FOOD & FORAGING

12 videos · 81 min

Safe foraging with green light plants: teas, nettle crisps, syrups and balms.

VIDEOS

- Welcome to the Wild Plants & Foraging module
- Gathering resources from our hedgerows
- Making wild tea with green light plants
- Nettle crisps
- Eating fresh nettles and frying them
- Nettle pakoras
- Cleaver juice — a spring tonic
- Elderflower pancakes
- Elderberry syrup
- Hawthorn leather
- Plantain cream
- Rosehip syrup

DOWNLOADS

- Welcome to the Wild Plants & Foraging module
- Wild Plants & Foraging risk-benefit assessment
- Green light plants

Module 6 USING TOOLS

11 videos · 93 min

Confident, safe tool use — saws, knives, loppers and drills — and simple projects to make.

VIDEOS

- Welcome to the Using Tools module
- Toolkit
- Bow saw and pruning saw
- Using knives and secateurs
- Loppers
- Palm drills, hand drills, bit & brace
- Using a tent peg as a tool
- How to make a wooden mallet
- Creative ideas for using a knife & palm drill
- Making a duck caller
- A simple elder pencil

DOWNLOADS

- Welcome to the Using Tools module
- Tools risk-benefit assessment
- Tool maintenance
- UK knife law guidance

Module 8 NATURE AWARENESS GAMES

17 videos · 71 min

Sixteen tried-and-tested games from Early Years to secondary.

VIDEOS

- Welcome to the Nature Awareness Games module
- Magic feet for Early Years and beyond
- Only safe if... game for Early Years and older
- Nursery animal sounds and movement
- Timber hitch and log game
- Fox walking
- Deer ears, owl eyes & deer stalk game
- Animal tracking games
- Plaster of Paris animal tracks
- Pattern ball
- Mingle and grab
- Samurai game
- Talbot's game
- Bat and moth game
- Beetle tag and palm tag
- Eagle eyes
- 1, 2, 3, where are you?

DOWNLOADS

- Welcome to the Nature Awareness Games module
- Nature Awareness Games risk-benefit assessment

MODULE	VIDEOS	DOWNLOADS	RUNNING TIME
Module 1: Fire & Pedagogy	10	3	45 min
Module 2: Ropes & Knots	7	3	48 min
Module 3: Cooking on a Fire	9	4	45 min
Module 4: Shelters & Play	4	2	54 min
Module 5: Natural Crafts	17	2	41 min
Module 6: Using Tools	11	4	93 min
Module 7: Wild Food & Foraging	12	3	81 min
Module 8: Nature Awareness Games	17	2	71 min
Total	87	23	478 min (~8 hrs)

Downloads include a welcome pack for each module plus 15 practical resources: 8 risk-benefit assessments, recipes, food safety, tree swings, green light plants, tool maintenance and UK knife law guidance.



"The videos are very accessible, the information presentation is ideal and I'd thoroughly recommend the course... and the lifetime access is brilliant."

Fiona Brunton-Davies, Outdoor Learning Lead, Winsford High Street Primary School

READY TO GO DEEPER?

THE ADVANCED CERTIFICATE IN FOREST SCHOOL & OUTDOOR LEARNING

Understand the how and why: 16 masterclasses, 120+ activity videos and 48+ seasonal session plans — and the Fire & Pedagogy and Using Tools modules from this course are included.



BRING FOREST SCHOOL INTO YOUR SETTING

Enrol online, or get in touch about staff licences and paying by invoice.

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MARINA ROBB BSc, PGCE, MA, MSc · Author & Founder

Marina has more than 30 years' experience in outdoor learning and is a leading Forest School Association endorsed trainer and practitioner. She is co-author of *Learning with Nature* (Bloomsbury) and *The Essential Guide to Forest School and Nature Pedagogy* (Routledge), and a pioneer in creating nature-based programmes for the NHS.

