



FOREST SCHOOL ACTIVITIES ONLINE TRAINING

Lifetime access to 87 video lessons full of tried and tested activities, games that make learning through nature fun.

Examples of games you can play with early years, primary and secondary children.

15 downloadable resources, including Risk and Benefits Assessments for each module, Food Safety in the Outdoors, Outdoor Cooking Recipes, A Safety Guide to Swings, A Guide to Greenlight Plants and lots more.

Module 1: Fire & Pedagogy

VIDEOS

- Welcome to the Fire Module
- Get Prepared - What do you need?
- How to Forage Firewood
- The Fire Circle Routine: Setting up the Space
- Key Safety Considerations
- Making a Spark - How to use a Fire Steel
- Making a Fire with a Nest of Cleavers
- Making a Fire with Cotton Wool, a Fire Steel and a Shell
- Making Fire with Nursery Children
- Look After Your Space and Leave No Trace

DOWNLOADS

- Welcome to the Fire Module
- Fire - Key Considerations
- Fire Module Risk Benefit Assessment

Total duration: 45 minutes

Module 2: Ropes & Knots

VIDEOS

- Welcome to the Ropes & Knots Module
- Using Ropes with all Ages - Maintenance & Safety
- Making a Rope Bridge
- How to put up a Hammock
- Prepping for a Swing
- Putting up a Swing
- Making a Rope Ladder

DOWNLOADS

- Welcome to the Ropes and Knots Module
- Ropes and Knots Risk Benefit Assessment
- Children's Tree Swings - A Guide to Good Practice

Total duration: 48 minutes

Module 3: Cooking on a Fire

VIDEOS

- Welcome to the Cooking on a Fire Module
- Cooking Bread on a Stick
- Making Popcorn using a Sieve
- Cooking Pizza in a Pan
- Toffee Apples
- Chocolate Bananas
- Flapjacks Cooked in Leaves
- Cooking Kebabs over a Fire
- Cooking Chestnuts on a Fire

DOWNLOADS

- Welcome to the Cooking with Fire Module
- Cooking with Fire Risk Benefit Assessment
- Outdoor Cooking Recipes
- Food Safety in the Outdoors

Total duration: 45 minutes

Module 4: Shelters & Play

VIDEOS

- Welcome to the Shelters and Play Module
- Small Tarps for Shelters and Play
- Working with High Tarps
- Building Debris Shelters

DOWNLOADS

- Welcome to the Shelters & Play Module
- Shelters Risk Benefit Assessment

Total duration: 54 minutes



FOREST SCHOOL ACTIVITIES ONLINE TRAINING

Module 5: Natural Crafts

VIDEOS

- Welcome to the Natural Crafts Module
- Foraging Willow for Crafts
- Leaf Crowns
- Dream Catchers
- Leaves on a Stick
- Bark Rubbings
- Leaf Bashing and Natural Paints
- Painting With Leaves
- Clay People
- Clay Fairies or Gnomes
- Larch Cone & Teasal Hedgehogs
- Tree Faces
- Clay Candles
- Square Lashings
- Making Things with Square Lashings
- Making Bird Feeders
- Cleaver Nests

DOWNLOADS

- Welcome to the Natural Crafts Module
- Natural Crafts Risk Benefit Assessment

Total duration: 41 minutes

Module 6: Using Tools

VIDEOS

- Welcome to the Using Tools Module
- Toolkit
- Bow Saw and Pruning Saw
- Using Knives and Secateurs
- Loppers
- Palm Drills, Hand Drills, Bit & Brace
- Using a Tent Peg as a Tool
- How to Make a Wooden Mallet
- Creative Ideas for Using a Knife & Palm Drill
- Making a Duck Caller
- A Simple Elder Pencil

DOWNLOADS

- Welcome to the Using Tools Module
- Tools Risk Benefit Assessment
- Tool Maintenance
- UK Knife Law Guidance

Total duration: 93 minutes

Module 7: Wild Food & Foraging

VIDEOS

- Welcome to the Wild Plants & Foraging Module
- Gathering Resources from our Hedgerows
- Making Wild Tea with Green Light Plants
- Nettle Crisps
- Eating Fresh Nettles and Frying Them
- Nettle Pakoras
- Cleaver Juice - A Spring Tonic
- Elderflower Pancakes
- Elderberry Syrup
- Hawthorn Leather
- Plantain Cream
- Rosehip Syrup

DOWNLOADS

- Welcome to the Wild Plants & Foraging Module
- Wild Plants & Foraging Risk Benefit Assessment
- Green Light Plants

Total duration: 81 minutes

Module 8: Nature Awareness Games

VIDEOS

- Welcome to the Nature Awareness Games Module
- Magic Feet for Early Years and Beyond
- Only Safe If Game for Early Years and Older
- Nursery Animal Sounds and Movement
- Timber Hitch and Log Game
- Fox Walking
- Deer Ears, Owl Eyes & Deer Stalk Game
- Animal Tracking Games
- Plaster of Paris Animal Tracks
- Pattern Ball
- Mingle and Grab
- Samurai Game
- Talbot's Game
- Bat and Moth Game
- Beetle Tag and Palm Tag
- Eagle Eyes
- 123 Where are You?

DOWNLOADS

- Welcome to the Nature Awareness Games Module
- Nature Awareness Games Risk Benefit Assessment

Total duration: 71 minutes